

Create Your Own State Park Native Plant Selections



Maryland Maryland Native Herbaceous Plants- Sun Perennials

Planting Perennials for Birds, Butterflies & Wildlife

The following list of Maryland native perennials are commonly found throughout the state. Including native trees and plant species in your yard contributes to the native wildlife food web. Your yard can provide habitat and a food source for birds, insects, as well as for other native wildlife. These plants were selected for their important value to pollinators, birds, and wildlife. You may attract some new visitors from your neighborhood natural community into the habitat you have created in your own yard!



Perennial Species for Sun	Pollinator, Bird, Wildlife Value
Butterfly Weed <i>Asclepias tuberosa</i>	Monarch Butterfly host plant. Supports insects and pollinators.
Common Milkweed <i>Asclepias syriaca</i>	Monarch Butterfly host plant. Supports insects and pollinators.
Swamp Milkweed <i>Asclepias incarnata</i>	Monarch Butterfly host plant. Supports insects and pollinators. Prefers wet areas.
Wild Bergamot <i>Monarda fistulosa</i>	High wildlife value- provides food for insects, butterflies and hummingbirds.
Bee Balm <i>Monarda didyma</i>	High wildlife value- provides food for insects, butterflies and hummingbirds.
Wrinkle-leaf Goldenrod <i>Solidago rugosa</i>	High wildlife value- provides food for insects, butterflies and wildlife.
Wild Blue Indigo <i>Baptisia australis</i>	High wildlife value- supports insects, butterflies and pollinators.
White Turtlehead <i>Chelone glabra</i>	Host plant for the Baltimore Checkerspot Butterfly (Maryland State Insect). Provides food for pollinators and hummingbirds.
Black-eyed susan <i>Rudbeckia hirta</i>	Maryland State Flower. High wildlife value- provides bird, insect and pollinator habitat.
Joe-Pye Weed <i>Eupatorium fistulosum</i>	High wildlife value- supports birds, butterflies and pollinators.
Blazing star <i>Liatris spicata</i>	High wildlife value- supports insects, butterflies and pollinators.



Additional Resources:

- U.S. Fish and Wildlife Service: Native Plants for Wildlife Habitat and Conservation Landscaping: Chesapeake Bay Watershed, 2012.
<https://www.fws.gov/chesapeakebay/pdf/NativePlantsforWildlifeHabitatandConservationLandscaping.pdf>
- Doug Tallamy. *Bringing Nature Home*. Timber Press, 2018.



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